

## Lenten Calendar/Calendrier du carême 2021

| Sunday/dimanche   | Monday/lundi   | Tuesday/mardi   | Wednesday/mercredi  | Thursday/jeudi  | Friday/vendredi  | Saturday/samedi  |
|---|--|---|---|---|--|--|
|   |  |   | <b>February 17</b> <i>Ash Wednesday</i><br><i>Blessed are you who are poor, for yours is the kingdom of God.</i> (Luke 6) What faith practice will you try this Lent? | <b>February 18</b><br>Find a small cross or rock to keep in your pocket. Every time you notice it, pray!  | <b>February 19</b><br>If your coffee or tea is fair trade give 50¢; if <i>Not</i> , 75¢.                     | <b>February 20</b><br>If you've never been in debt, be thankful and give \$1.  |
| <b>February 21</b><br><u>Let us pray</u> for those treated as poor, yet making many rich; as having nothing, yet possessing everything.   | <b>February 22</b><br>If you regularly eat three meals a day, put in 75¢; if not, 50¢.   | <b>February 23</b><br>Do you remember the name of your kindergarten teacher? Give 75¢ either way.       | <b>February 24</b><br>Make/Write a card & mail it to remind someone that God loves them. If not, donate 1\$   | <b>February 25</b><br>Give 25¢ for each medication you take and be grateful for our health-care system.   | <b>February 26</b><br>Did you acknowledge Black History month? If not, give \$1.                             | <b>February 27</b><br>Give 25¢ for each time you went to the pharmacy this month.  |
| <b>February 28</b><br><u>Let us pray</u> , for the ministries of our church that nurture faith formation and provide congregational care.   | <b>March 1</b><br>Write out 5 things you are worrying about. Focus on these for your prayers today. Give as your heart calls.                  | <b>March 2</b><br>Those who are fortunate enough to have a family doctor should give 75¢.               | <b>March 3</b><br>Good nutrition leads to better health; add 75¢ if you ate fresh fruit or vegetables today.  | <b>March 4</b><br>It's World Day of Prayer. Light a candle and pray for all of God's Creation to experience shalom wholeness. Give 50¢.                         | <b>March 5</b><br>Give 25¢ for every book you've read since Christmas.                                       | <b>March 6</b><br>Check on your neighbors & offer to help with errands, if you are able. Or call someone you know who lives alone. |
| <b>March 7</b><br><u>Let us pray</u> for clean water for all and mutually enriching encounters of former strangers at the well.   | <b>March 8</b><br>To give thanks for medical and dental services you receive, put in \$1.  | <b>March 9</b><br>Pay 20¢ for each phone call you received today.                                       | <b>March 10</b><br>If there's more food in your pantry than you can consume in two days, give \$1.  | <b>March 11</b><br>Fast from spending money today (outside of bills).   | <b>March 12</b><br>Give \$1 with thanks if you can read.   | <b>March 13</b><br>If you've never been a client of a food bank, pay \$1.  |
| <b>March 14</b><br><u>Let us pray</u> for the courage to keep our eyes wide-open and the desire to embrace the vision of a better future together.  | <b>March 15</b><br>Visit a park & pick up any trash you see. (Wear gloves!) If you clean-up 10 things 25¢; if not, 75¢.                        | <b>March 16</b><br>Find 2 times of 10-minute rest throughout your day. If you do, give 50¢; if not \$1. | <b>March 17</b><br>Did you complete high school? If so, 75¢; if not, 50¢ Either way, donate 50¢.  | <b>March 18</b><br>Give 50¢ if you have ever been a volunteer for a community organisation. If not, give 1\$.   | <b>March 19</b><br>Give 50¢ if you haven't had to see a health professional in the last four weeks.          | <b>March 20</b><br>Won't you be my neighbor? Celebrate Mr. Rogers Day by going out of your way to bring kindness wherever you can. |
| <b>March 21</b><br><u>Let us pray</u> for for the United Churches in the St Francis Area. May we be partners in discipleship for the sake of the Kin-dom of God.                                  | <b>March 22</b><br>If you've never had malaria, add \$1.   | <b>March 23</b><br>Think of five things you're grateful for and donate 75¢.                             | <b>March 24</b><br>Have you ever volunteered at a school? If you say <i>Yes</i> , give 50¢; if not, 1\$.  | <b>March 25</b><br>If you've ever eaten food from another country (apart from the US), give 75¢.  | <b>March 26</b><br>Give 50¢ if you ever felt you weren't in charge of your life.                             | <b>March 27</b><br>Put in 50¢ if you don't have to boil your water.  |
| <b>March 28</b> <i>Palm Sunday</i><br>At the beginning of Holy Week, <u>let us pray</u> for compassion and resilience. Color & cut out palm branches to decorate the front doorway of your house! | <b>March 29</b><br>Consider what distracts you from being present with God. How can you practice mindfulness of God within & around you today? | <b>March 30</b><br>If you own more than 25 books, donate \$1; if not, give 50¢.                         | <b>March 31</b><br>Pray for the wellbeing of someone whom you don't always see eye-to-eye. Give as your heart calls.  | <b>April 1</b><br>Look up "Thursdays in Black." Pray for a world without violence. If you've heard of this before give 50¢, if not 1\$.                         | <b>April 2</b> <i>Good Friday</i><br>Have you ever been asked for money to buy food? Either way, donate 75¢. | <b>April 3</b><br>Today is the Great Vigil of Easter! Gather around a fire or a few candles & read Luke 24:1-12. Give \$1.         |
| <b>April 4</b> <i>EASTER</i><br>Let us Hallelujah! Christ has risen! Christ is risen indeed! Hope is credible, Love triumphs over hatred, Truth over lies and Life over death!                    | PAIX   | PAZ   | SHALOM  | All money collected from the Lenten Share Calendar will be donated to the United Church of Canada's Mission and Service Fund. Thank you for your participation. |  |  |

